Inchgarth community centre

The Queen's Award for Voluntary Service

The MBE for volunteer groups

Providing services and opportunities for people of all ages, making a lasting difference

PROGRAMME

Inchgarth community centre is Aberdeen's largest, busiest, most successful, and best equipped centre that delivers 210 sessions of activity for all ages.
A Queen's award recipient, which is an MBE for Inchgarth, and the highest award any organisation can receive in the UK.
With our new £4 million extension, it's the most exciting time to be part of it all.

FOLLOW US ON
FACEBOOK INSTAGRAM TIKTOK TWITTER YOUTUBE LINKEDIN
@INCHGARTHCC FOR ALL SOCIAL MEDIA

WWW.INCHGARTH.ORG

Inchgarth Community Centre
Aboyne Place Garthdee. 01224 479061
Email inchgarthcc1@btinternet.com www.inchgarth.org

Updated 27th October 2026

A CENTRE OF EXCELLENCE, BY THE COMMUNITY, FOR THE COMMUNITY.

MONDAY		
ACTIVITY	**TIME**	**HOW TO BOOK**
Games room & pool & snooker	10am-5pm	Email inchgarthcc1@btinternet.com to join
Fitness Gym	9.30am-9.30pm	Call 01224 479061 or email inchgarthcc3@yahoo.com
Inchgarth Library	9.30am-9pm	
Chair based Tai Chi	9.45am-10.45am	01224 479061 or inchgarthcc4@gmail.com
Abilities United inclusive football	11am-12 noon	info@abilitiesunited.co.uk
Baby & Toddlers	9.30am-10.45am	Inchgarthcc4@gmail.com
Music room for hire	10am-9.30pm	Call 01224 479061 inchgarthcc1@btinternet.com
Outdoor Play Park	All Day	Drop In
NEW FREE SING-ALONG CLUB & entertainment	11.30am-12.30pm	01224 479061 inchgarthcc1@btinternet.com
Indoor carpet bowls	9.30am - 11:30am	Call 01224 479061 to book
Peggy's Cafe Visit www.inchgarth.org for the menu	10am – 2.45pm	Full menu, indoor seating & take-away
	2.45pm- 9pm	Hot drinks, tray bakes, sweets, soft drinks
Garthdee Pensioners Club	1pm - 3pm	Call 01224 479061 inchgarthcc4@gmail.com
Abilities united	1pm-3pm	7473468865 info@abilitiesunited.co.uk
English language class Autumn 2026	7-8pm	01224 479061 volunteerinchgarth@gmail.com
Kids knitting group	5pm-6pm	Inchgarthcc5@gmail.com Call 01224 479061 to book
Stitch 'n' Bitch sewing, knitting, crochet+ group	6pm - 8pm	Call 01224 479061 to enquire inchgarthcc5@gmail.com
Rejuvenated fitness	5.30pm-6.30pm	REJUVENATEDFITNESSCLUB@GMAIL.COM
Kenshinkan Shotokan Karate-do Scotland	6.30-8pm	kenshinkan83@gmail.com 07456955617
Phoenix Club for adults with additional support needs.	7pm - 9pm	Call 01224 479061 to book inchgarthcc5@gmail.com
Zumba with Create for ASN	6.30-7.30pm	alex@createaberdeen.org
Kickboxing for adults	7.45-8.45pm	kian201213@googlemail.com
Saxophone lessons	7PM-8.30PM	call us on 01224 479061 volunteerinchgarth@gmail.com

TUESDAY		
ACTIVITY	**TIME**	**HOW TO BOOK**
Fitness Gym	9.30am-9.30pm	Call 01224 479061 or email inchgarthcc3@yahoo.com
Games room & pool & snooker	10am-5pm	Email inchgarthcc1@btinternet.com to join
Inchgarth Library	9.30am-9pm	
MooMusic for 0-4 yrs	10am-11am	Email inchgarthcc4@gmail.com to join or call 01224 479061
MooMusic 2 for 0-4 yrs	11AM-12 noon	Email inchgarthcc4@gmail.com to join or call 01224 479061
Zumba Gold by Alison	9.30-10.30am	07786561934
Music room for hire	10-1.30pm & 7-9pm	Call us on 01224 479061 inchgarthcc1@btinternet.com
Bucket Drumming Create ASN	10am-12pm	alex@createaberdeen.org
Kaimcourt Garden group	10am-12 noon	
Outdoor Play Park	All Day	Drop In
Munelle Performing Arts School. (Singing, dancing and acting classes)	Ages 3-6 4-5.30pm	support@munelle.com 02089453113
Munelle performing Arts School. (Singing, dancing and acting classes)	Ages 7-16 5.30-7pm	support@munelle.com 02089453113
Future Choices	11am-1.30pm	0800 5668728
Chair based exercise 55+	2.15pm-3pm	Inchgarthcc4@gmail.com 01224 479061
Peggy's Cafe Visit www.inchgarth.org for the menu	10am – 2.45pm	Full menu, indoor seating & take-away
	2.45pm - 9pm	Hot drinks, tray bakes, sweets, soft drinks
Love and Light healing therapies	1pm-3pm	Call Sandie on 07877048968
Sensory Drama Create Aberdeen	1-3pm	alex@createaberdeen.org
Violin lessons with Yendy	1.30pm onwards	yendydeabreu@gmail.com
Danspirations competition team	4.30pm-6.30pm	
Courtside sports for kids p1-p3 Racket and ball skills	4-5pm	07722131750
Courtside sports for kids p4-p7 Racket and balls skills	5-6pm	07722131750
Free beginners computer class	5pm-6pm	volunteerinchgarth@gmail.com 01224 479061
Garthdee community council meetings. Open to public	7-9pm 2nd Tues of month	garthdeecc@gmail.com
Aberdeen FlyDressers Club	7-9pm	buchan.chesney@btinternet.com
Aberdeen Aikido Club for adults and youths 12+	6.30-8.30pm	admin@aberdeenaikido.co.uk
NEW Men's social group	6.30pm-8.30pm	Inchgarthcc5@gmail.com
Zumba with Mayfit	6.30pm-7.30pm	07946287114
Adult men's football kickabout	8pm-9pm	01224 479061 inchgarthcc5@gmail.com
Free Coothie crafts	7-9pm	volunteerinchgarth@gmail.com
Cllr Ian Yuill Surgery 2nd Tuesday	6.45pm	Drop In
Piano lessons	Various times	

WEDNESDAY		
ACTIVITY	**TIME**	**HOW TO BOOK**
Fitness Gym	9.30am-9.30pm	Call 01224 479061 inchgarthcc3@yahoo.com
Music room for hire	10-1.30pm & 8-9pm	01224 479061 inchgarthcc2@btinternet.com
Outdoor Play Park	All Day	Drop In
Inchgarth Library	9.30am-9pm	
Sew n Sews	9.30-12.30pm	
Beginners French	11am-12	01224479061 volunteerinchgarth@gmail.com
Pathways employment support	10am onwards	davidcook@pathways-online.org
Makaton sing and Sign create	10am-12pm	alex@createaberdeen.org
Indoor carpet bowls	9.30am – 11 :30am	Call 01224 479061 to book
Chaters Fresh Fish Van	11.10am-11.30am	Drop In
Create Aberdeen ASN 18-25 group	10am-3pm	alex@createaberdeen.org
C-fine Food Pantry	10am-10.30am	Fortnightly 01224 596156 pantry@cfine.org
Social health walk	10am-11am	Inchgarthcc4@gmail.com 01224 479061
CHATTY CAFÉ for childminders	1st Wed of month 9.30am	loraine.duncan@childminding.org
Peggy's Cafe	10 am – 2.45pm	Full menu, indoor seating & take-away
	2.45pm - 9pm	Hot drinks, tray bakes, sweets, soft drinks
A chance to Dance with Create Adults with ASN	1pm-3pm	Call 01224 479061 to enquire
Inchgarth community choir	1pm-2pm	07880706337 fionaclenshaw@hotmail.co.uk
NEW Adult art class	1.30pm - 3.30pm	01224479061inchgarthcc2@btinternet.com
Pool & snooker & Games room	1pm-5pm	Email inchgarthcc1@btinternet.com
Children's Athletics AAAC	3.30pm - 4.30pm	pathways@aberdeenaac.co.uk
Children's Drawing class p3-p7	4-5pm	Inchgarthcc2@btinternet.com
Free adult water colour club	6-8pm	Inchgarthcc2@btinternet.com 01224 479061
Danspirations Mids ballet	4.15-5pm	Clairespence87@hotmail.co.uk
Danspirations Mids tap dance	5-5.45pm	Clairespence87@hotmail.co.uk
Danspirations Mids Modern	5.45-6.30pm	Clairespence87@hotmail.co.uk
Danspirations Adult Tap	6.30pm	Clairespence87@hotmail.co.uk
Danspirations Fit-steps Adults	7.30pm	Clairespence87@hotmail.co.uk
Piano lessons	Various times	
Friskis and Svettis	6pm - 7pm	aberdeen@friskissvettis.co.uk
Silver City ring-craft dog group	7pm - 9pm	01224 694631 or scotspaul@aol.com
CLLR Derek Davidson Surgery	6-7pm	Drop in
Kenshinkan Shotokan Karate	6.30-8pm	kenshinkan83@gmail.com 07456955617
4 pillars football	7.45pm-8.45pm	brad.whittingham@fourpillarsuk.org
Kids guitar group lessons 7+	6.30pm-7.15pm	inchgarthcc5@gmail.com 01224 479061
Guitar lessons for adults	7.15pm-8pm	inchgarthcc5@gmail.com 01224 479061
Kharishill church	7pm-9pm	Drop-in

THURSDAY		
ACTIVITY	**TIME**	**HOW TO BOOK**
Fitness Gym	9.30am-9.30pm	01224 479061 inchgarthcc3@yahoo.com
Games room & pool & snooker	10am -12.30 pm 3-5pm	Email inchgarthcc1@btinternet.com to join
Music room for hire	10-1.30pm & 7-9pm	Call us on 01224 479061
Outdoor Play Park	All Day	Drop In
Toddlers Group	9.30am - 10.50am	Inchgarthcc4@gmail.com
Inchgarth Library	9.30am-9pm	
BINGO	11am - 12noon	Inchgarthcc4@gmail.com
Musical Mayhem by CREATE ABERDEEN	10am - 3pm	alex@createaberdeen.org
Gentle Chair-based Exercise	10am - 10.45am	Inchgarthcc4@gmail.com
Guitar classes. For adults with additional support needs	11.30am-12.30pm	alex@createaberdeen.org
Council housing officers surgery Drop in	10am-2pm	Drop
FREE beginners computer class	11.30am-12.30pm	volunteerinchgarth@gmail.com 01224 479061
FREE counselling service 1-1	10am-2pm	volunteerinchgarth@gmail.com 01224 479061
PHOENIX CLUB 2 For adults with ASN	1pm -3pm	Inchgarthcc5@gmail.com
NEW MENS SOCIAL CLUB	1-3PM	01224 479061 inchgarthcc5@gmail.com
Inclusive Zumba class.	12.15pm-1pm	Inchgarthcc4@gmail.com
Peggy's Cafe	10am – 9pm	**Hot meals 10am -2.45pm, coffee to 9pm**
Learn to use your Mobile class	2.30pm	volunteerinchgarth@gmail.com **01224 479 061**
Piano lessons	Various times	
NEW Healthy Heart Exercise class. (Using gym and a class)	3.15pm-4.15pm	info@grampianhearthealth.org.uk
Hammer-Deen Gaming club	5.30-9.30pm	hammerdeen.gaming@gmail.com
Courtside sports for kids Teams sports and games p1-p3	4-5pm	07722131750
Courtside sports for kids Teams sports and games p4-p7	5-6pm	07722131750
NEW FREE Japanese language	7-8.30pm	volunteerinchgarth@gmail.com 01224 479061
Kids cheerleading and pompom	5-6pm	emmawebster21@hotmail.co.uk 07511810504
Yoga with Angie	6.15pm-7.15pm	Drop in

THURSDAY CONTINUED		
Courtside sports for kids	4pm	07722131750
Dezibel Samba drumming	7.30pm - 9.30pm	Call Bev on 07759 507780
Bipolar Aberdeen last of month	7-9pm	info@bipolaraberdeen.org.uk
Rhythm Nation dance 4-7 yrs Rhythm Nation dance 8+ Rhythm nation senior street Rhythm nation ACRO Minis Rhythm nation ACRO Minis	6-6.45pm 7-8pm 8-9pm 5-5.45pm 5.45pm-6.45pm	Book at info@rhythmnationdance.co.uk
CHESS CLUB 5-16 YRS	6-7PM	dr.jerrow@gmail.com 07846 323988

FRIDAY		
ACTIVITY	**TIME**	**HOW TO BOOK**
Games room & pool & snooker	10am-3pm 7-9pm	inchgarthcc1@btinternet.com
Indoor carpet bowls	10am-12pm	Inchgarthcc4@gmail.com
Create Aberdeen ASN Sports activities	1pm-3pm	alex@createaberdeen.org
Inchgarth Library	9.30am-9pm	
Easy Moves & Grooves by Create Aberdeen	10am-12pm	alex@createaberdeen.org
Fitness Gym	10am-9pm	Call 01224 479061 inchgarthcc@yahoo.com
Music room for hire	10-1.30pm & 7-9pm	Call us on 01224 479061 inchgarthcc2@btinternet.com
Outdoor Play Park	All Day	Drop In
Brain Injury Grampian	12-3pm	info.biggroup@gmail.com
Peggy's Cafe	10am – 9pm	**Hot meals 10am -2.45pm, coffee to 9pm**
AA Inchgarth	12.45pm-2.15pm	Check the AA website for details
Create Rock Band	1-3pm	alex@createaberdeen.org
Create Feelgood Fridays	1pm -3pm	alex@createaberdeen.org
Saxophone lessons 10+ to adults	3.30-5.15pm	volunteerinchgarth@gmail.com
Kids Friday club for p1-p7 **Garthdee children only**	4pm-5pm	email to enquire volunteerinchgarth@gmail.com
Eclipse gymnastics cheer for fun 5-12 years	6.30pm-7.30pm	eclipsegymnastics@yahoo.com
Eclipse gymnastics comp 12+	7pm-9pm	eclipsegymnastics@yahoo.com

FRIDAY CONTINUED		
Ballroom dancing classes BEGINNERS PLUS	6.30-7.35pm	ballroombarney@gmail.com Tel: 07342789965
The crafty bunch	6-8pm	volunteerinchgarth@gmail.com
Piano lessons	Various times	
Aberdeen Aikido Club for adults and youths 12+	6.30-8.30pm	admin@aberdeenaikido.co.uk
Silent book club New, free to members	7-9pm	volunteerinchgarth@gmail.com 01224 479061
Kids drawing class 7-12 ages	6-7pm	01224 479061 inchgarthcc2@btinternet.com
Active Minds Kids activity club	5.15pm-6.15pm	jackodea12@gmail.com

SATURDAY		
ACTIVITY	**TIME**	**HOW TO BOOK**
Preschool Ballet Preschool Tap Mini Ballet Mini Tap Mini/Junior Modern Jazz Junior Ballet Junior Tap Private Lessons	9.30am-10am 10am-10.30am 10.30am-11.15am 11.15am-12 noon 12pm-12-45 12.45pm-1.30pm 1.30pm-2.15pm 2.15pm-3.15pm	**Clairespence87@hotmail.co.uk**
Kids Birthday party hire Large castle and various other items	**11.30-1.30pm**	**Call us on 01224 479061**
Fitness dance party	**9am-10am**	**geekayfitness@yahoo.com**
Inchgarth Library	9am-5pm	
Children's arts and crafts ages 4-9 years	10.30am-11.1 5am	Inchgarthcc2@btinternet.com
Piano lessons	Various times	
Fitness Gym	9am-4pm	Call 01224 479061 or email inchgarthcc3@yahoo.com
Music room for hire	9am-11, 2.30-4pm	Call us on 01224 479061 inchgarthcc1@btinternet.com
Outdoor Play Park	All day	Drop In

SATURDAY CONTINUED		
Capoeira For youths and adults	10am-11.30am	Call 07563 002500
Games room & pool & snooker	9am-5pm	inchgarthcc1@btinternet.com
Peggy's Cafe	9am – 4pm	Coffee, cake, ice creams, sweets, soft drinks. No meals.
Kids Birthday party hire Castle and various other items	**2.30pm-4.30pm**	**Call us on 01224 479061**
Kids guitar lessons age 10+	2pm-3pm	volunteerinchgarth@gmail.com 01224 479061
Children's birthday parties Obstacle course and soft play	9.30am-11.30am	Call 01224 479061
English lessons	12-1pm	01224479061 volunteerinchgarth@gmail.com
Children's birthday parties Obstacle course and soft play	11am-1pm	Call 01224 479061
Children's birthday parties Obstacle course and soft play	2pm-4pm	Call 01224 479061

MUSIC ROOM

Our fantastic music room is available for hire, tuition, and personal practice. Email inchgarthcc1@btinternet.com for all enquiries.

SUNDAY		
ACTIVITY	**TIME**	**HOW TO BOOK**
Games room & pool & snooker	10am-2pm,3-9 pm	inchgarthcc1@btinternet.com
Inchgarth Library	10am-8pm	
Christ apostolic church house of prayer	10.30-1.30pm	
Celebration church international	10AM-3PM	
Piano lessons	Various times	
Children's Birthday parties. Large castle and various items	10.30-12.30pm	CALL US ON 01224 479061
Children's Birthday parties. Large castle and various items	1.30-3.30pm	CALL US ON 01224 479061
Kharishill church	11.30-1.30pm	

	SUNDAY CONTINUED	
CHILDREN'S BIRTHDAY PARTIES Large castle and various items	4.30PM-6.30PM	CALL US ON 01224 479061
Fitness Gym	10am-9.30pm	01224 479061 inchgarthcc3@yahoo.com
Violin lessons with Yendy	10am-11.30am	yendydeabreu@gmail.com
Music room for hire	10am-10pm	Call us on 01224 479061
Peggy's cafe	10.30am-8pm	Coffee, cake, ice creams, sweets, soft drinks. No meals.
Table tennis private group	3pm-5pm	
Outdoor Play Park	All Day	Drop In
CHILDREN'S BIRTHDAY PARTIES	4.30PM-6.30PM	CALL US ON 01224 479061
Dejo ar Mani Latvian dance	530-8pm	Private group
Hindu social group	4.15pm-5.45pm	

PEGGY'S CAFE

Inchgarth's Peggy's café is the ideal space to enjoy a freshly cooked breakfast, tasty lunch menu, coffee and cake, sweets, crisps, soft drinks, and to catch up with friends in our excellent modern café. With great prices, a wide range of meals, and the knowledge that your support allows us to make a significant difference in the community, it's the perfect place to eat.

OPENING TIMES

Monday to Friday 10.15am-2.45pm for the full menu.
2.45pm-9pm for snacks, coffee, tea's, sweets, cakes, soft drinks, ice cream.

Saturday 9.15am-4pm
snacks, coffee, tea's, sweets, cakes, soft drinks, ice cream.

Sunday 10.15am-8pm
snacks, coffee, tea's, sweets, cakes, soft drinks, ice cream.

POOL, SNOOKER & GAMES ROOM

For members, just £1 a visit and no other cost.
Our members can enjoy pool, snooker, Air-hockey, pong, Pacman, table football, strike a light, arcade machine with thousands of games. 7 days a week for just £1 per visit.
Contact us to join and to gain the opening times of the games room.

MEMBERSHIP COSTS £10

A WONDERFUL SOCIAL SPACE OPEN 7 DAYS A WEEK.
CALL US NOW ON 01224 479061 TO JOIN

VISIT THE PROGRAMME AT WWW.INCHGARTH.ORG FOR A FULL LIST OF OUR EXCELLENT FITNESS CLASSES.

THE STORY OF OUR NEW EXTENSION
A LEGACY IN THE MAKING.

In 2015 we started the long journey to achieve our dream and vision of significantly increasing the capacity of the centre, so that we could provide you with modern, quality, and meaningful facilities that would complement the existing facilities.

After the initial campaign failed, to access the capital from the sale of the former bowling club and tennis courts, we embarked on what would be a challenging, but ultimately rewarding, 10 year effort to obtain the funding to realise our vision.

The first 3 attempts to obtain the funding took us on a rollercoaster ride of emotions, where twice we reached the stage two phase of the process, only to fall short.
In 2023 we hit the jackpot, with around a £2 million capital grant from the Scottish Government, and the remainder of the £4 million pound extension being contributed by Aberdeen city council.

In May 2025 we witnessed the first cut of ground taking place, for what would be a 12 month construction period that ended on 5th June 2026. With the centre opening on 29th June, Aberdeen's busiest, largest, and most successful centre enters a new phase of delivering services of excellence, that make the most profound difference in the lives of some 3000 users.

Inchgarth has contributed £120,000 towards the project, that will rise to £150,000 by the end of 2026,

This has been a colossal success story, not only for the centre and our community, but the city of Aberdeen where people come from all over the city to access our services and activities.

INCHGARTH COMMUNITY CENTRE

WEEKLY FREE

ENTERTAINMENT/SING-ALONG

Every Monday at 11.30am-12.30pm, Inchgarth hosts our fantastic, friendly, fun, entertainment and sing-along club. So get booking for yourself, come along with your friends or family, or for people you support.

Call us on 01224 479 061

E-mail inchgarthcc1@btinternet.com

This new entertainment and social sing-along group is for older people, those wanting some company, people with dementia, those with pre dementia diagnosis, people's friends, family & carers.

We aim to give people something fun and sociable to look forward to each week.

No weekly cost, just your Inchgarth annual membership fee of £10.

Care-homes can obtain floating memberships.

Inchgarth has a wide range of social clubs for older people, for adults with additional support needs, children and other groups. Visit www.inchgarth.org or ask staff for details.

Peggy's Café

Good food • Great company • A warm welcome

Open Monday to Friday
for meals
10.15am – 2.45pm

Open Monday to Friday
for hot drinks, cake and snacks
up to 8.45pm

Great food, great drinks, great value!

- Dog friendly
- Baby changing
- Plenty of parking
- Changing Place toilet
- Playpark
- Great value for money

Everyone welcome!

Good food • Friendly faces • Peggy's Café

PLEASE CALL US TO CHECK AVAILABILITY

Visit the website for our new party packages at
www.inchgarth.org

INCHGARTH Community Centre

PARTY TIME!

CHILDREN'S BIRTHDAY PARTIES

THE BILL ALLAN HALL

PARTY TIMES

- Saturday 11.30am – 1.30pm
- Saturday 2.30pm – 4.30pm
- Sunday 10.30am – 12.30pm
- Sunday 1.30pm – 3.30pm
- Sunday 4.30pm – 6.30pm

SOFT PLAY

BIG LEGO

RIDE ONS

LIFE-SIZED GAMES

HALL AND CASTLE JUST £140

ADD EXTRA ITEMS

Pay **£35** extra per item of soft play, big lego, ride ons and life-sized games.

SAVE £35 AND TAKE THE FULL PACKAGE FOR £245

TO BOOK CALL US ON 01224 479061

Inchgarth Community Centre Library

Books for everyone, all ages, all welcome!

Free to use

No sign ups

Borrow the books

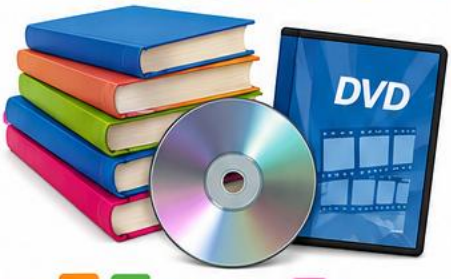
Keep them

Return them

or

Swap them

• Books, CD's and DVD's •



Library Opening Hours

Monday to Thursday	9.30am – 9pm
Friday	10am – 9pm
Saturday	9am – 5pm
Sunday	10am – 8pm

Read • Learn • Relax • Belong

INCHGARTH COMMUNITY CENTRE
FITNESS GYM

MEMBERSHIP
UNTIL THE END OF 2027
FOR JUST £62.50

NO HIDDEN COSTS | ALL UPFRONT

- LOW COST

- GOOD FACILITIES

- A COMFORTABLE SPACE TO GET FIT WITHOUT FEELING AWKWARD

CALL US NOW ON
01224 479061
JOIN YOUR COMMUNITY GYM TODAY!