**ACTIVITIES FOR CHILDREN & YOUTHS**

Inchgarth community centre Garthdee. [www.inchgarth.org](http://www.inchgarth.org)

Email [inchgarthcc1@btinternet.com](mailto:inchgarthcc1@btinternet.com) 01224 325191

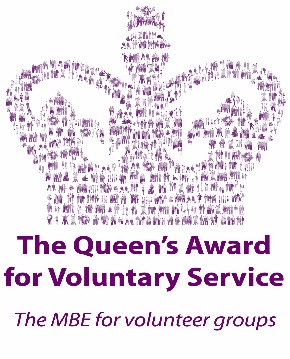
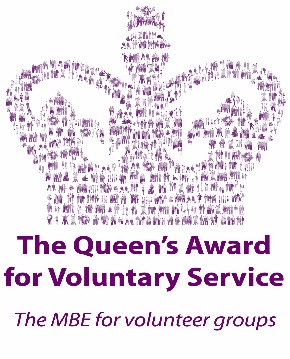
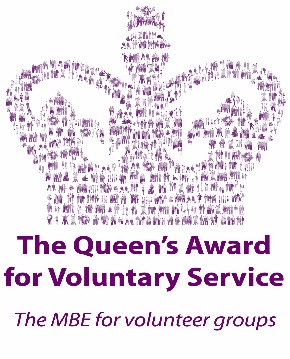
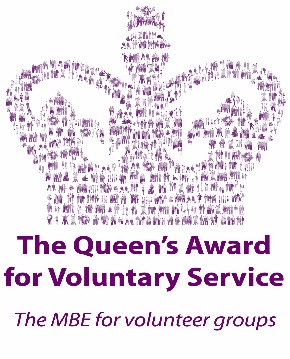
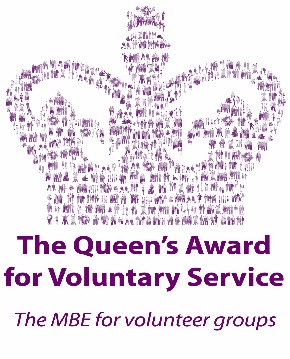
 





**Dennis Law Rgu street sports**. Monday 6-7pm Outdoors.

Primary aged children Free

**St Mary’s Boxing club**. Mon, Tues, Wed. 7pm Adults and children/ youths 8yrs +

**Tennis courts**. Free to access & open daily 7 days a week.

**Outdoor playpark**- 7 days a week, great facilities. FREE. 7yrs+

**ILLUSION school of dance**

Tuesday fun & fitness freestyle 4.30-5.30pm all ages and levels

Tuesday competitive classes 5.30-8.30pm

Thursday Mini movers 18 month+

Friday stretch, acro, fast, slow classes. 7-10pm

**Ultimate Judo school**

Fridays 3.45pm ages 4-6 4.30pm ages 7-9 5.15pm ages 10+

**Kickabout pre-school football** Wednesday 3.45-4.45pm

**Dennis Law Rgu Street sports football** at the Asda Astro-turf

Wednesday 8.30pm p7+ Free

**Parent & Toddlers group**. Thursday 9.30am-11am Free

**Dezibels Samba Drummers** Thursdays 7.30pm

Adult group but children p6+ can attend

**Friday club.** 5pm-7pm. FREE.

An amazing youth club for Garthdee children p3+

(younger can stay under their parental supervision)

Children can come from other areas too but the parents must stay and supervise.

In order for a child to attend parents must contact us before hand to register.

**Youth volunteering- Saltire and Duke of Edinburgh**

The centre hosts a significant amount of youth volunteers aged 13-25 who make a lasting and significant contribution to the community in addition to gaining valuable experience, life skills and new friends. Contact us for more details

**DELIVERING OPPORTUNITIES FOR CHILDREN AND YOUTHS SINCE 1984**

**JUST UNDER 400 CHILDREN AND YOUTHS REGISTERED.**

***INCHGARTH….INVESTING IN YOUR CHILDREN’S FUTURE***