

# INCHGARTH PROGRAMME



**Inchgarth community centre is Aberdeen's largest, busiest, most successful, and best equipped centre that delivers 150 sessions of activity for all ages.**

**A Queen's award recipient, which is an MBE for Inchgarth, and the highest award any organisation can receive in the UK.**

**£5 million pound extension starting MARCH 2025**



**Inchgarth Community Centre**  
Aboyne Place Garthdee. 01224 325191  
Email [inchgarthcc1@btinternet.com](mailto:inchgarthcc1@btinternet.com) [www.inchgarth.org](http://www.inchgarth.org)

**MONDAY**

ACTIVITY	TIME	HOW TO BOOK
Chair based Tai Chi by Versus Arthritis	10.30-11.30am	Email <a href="mailto:inchgarthcc1@btinternet.com">inchgarthcc1@btinternet.com</a> to join
<b>FREE COFFEE MORNING</b>	10.30am-12	FREE...JUST TURN UP
Pool & Snooker	10am-5pm	Email <a href="mailto:inchgarthcc1@btinternet.com">inchgarthcc1@btinternet.com</a> to join
Fitness Gym	9.30am-9.30pm	Call 01224325191 or email <a href="mailto:inchgarthcc3@yahoo.com">inchgarthcc3@yahoo.com</a>
Free singing lessons	3-5.15pm	<a href="mailto:volunteerinchgarth@gmail.com">volunteerinchgarth@gmail.com</a> or 01224325191
Didi car club and monthly entertainment. Preschool & p1/p2 Free	3.30-4.30pm	Call 01224 325191 or email <a href="mailto:inchgarthcc1@btinternet.com">inchgarthcc1@btinternet.com</a>
Music room for hire	10am-9.30pm	Call 01224 325191 <a href="mailto:inchgarthcc2@btinternet.com">inchgarthcc2@btinternet.com</a>
Outdoor Play Park	All Day	Drop In
Indoor carpet bowls	9.30am - 11:30pm	Call 01224 325191 to book
Peggy's Cafe	10.30am - 3pm	Full menu, indoor seating & take-away
	3pm- 9pm	Hot drinks, tray bakes, sweets, soft drinks
Garthdee Pensioners Club	1pm - 3pm	Call 01224 325191 to book
Gaming club for children	5pm-6pm	Call 01224 325191 to enquire
Kids knitting group	5pm-6pm	Call 01224 325191 to book
Kids Capoeira	4.30pm - 5.30pm	Call 07563 002500
Craft class for children with additional support needs	4.30-5.30pm	Email <a href="mailto:volunteerinchgarth@gmail.com">volunteerinchgarth@gmail.com</a>
Friskis and Svettis	6pm - 7pm	<a href="mailto:aberdeen@friskissvettis.co.uk">aberdeen@friskissvettis.co.uk</a>
Stitch'n'Bitch sewing, knitting, crochet+ group	6pm - 8pm	Call 01224 325191 to enquire
Kenshinkan Shotokan Karate-do Scotland	7-8.30pm	<a href="mailto:kenshinkan83@gmail.com">kenshinkan83@gmail.com</a>
Phoenix Club	7pm - 9pm	Call 01224 325191 to book
Saxophone lessons	8pm-9pm	call us on enquire on 01224 325191
Zumba with Create for ASN	6.30-7.30pm	<a href="mailto:alex@createaberdeen.org">alex@createaberdeen.org</a>

**TUESDAY**

ACTIVITY	TIME	HOW TO BOOK
Fitness Gym	9.30am-9.30pm	Call 01224325191 or email <a href="mailto:inchgarthcc3@yahoo.com">inchgarthcc3@yahoo.com</a>
Pool & Snooker	10am-5pm	Email <a href="mailto:inchgarthcc1@btinternet.com">inchgarthcc1@btinternet.com</a> to join
<b>MooMusic for 0-4 yrs</b>	10am-11am	Email <a href="mailto:inchgarthcc4@gmail.com">inchgarthcc4@gmail.com</a> to join or call 01224 325191
<b>MooMusic 2 for 0-4 yrs</b>	11AM-12 noon	Email <a href="mailto:inchgarthcc4@gmail.com">inchgarthcc4@gmail.com</a> to join or call 01224 325191
Zumba Gold by Alison	9.30-10.30am	07786561934
Music room for hire	10-1.30pm & 7-9pm	Call us on 01224 325191 <a href="mailto:inchgarthcc2@btinternet.com">inchgarthcc2@btinternet.com</a>
Bucket Drumming with Create ASN	10am-12pm	<a href="mailto:alex@createaberdeen.org">alex@createaberdeen.org</a>
Outdoor Play Park	All Day	Drop In
<b>Elle Arts Performing Arts School. (Singing,dancing and acting classes)</b>	Ages 3-6 4-5.30pm	<a href="mailto:ellearts@outlook.com">ellearts@outlook.com</a> 02089453113
<b>Elle Arts Performing Arts School. (Singing,dancing and acting classes)</b>	Ages 7-16 5.30-7pm	<a href="mailto:ellearts@outlook.com">ellearts@outlook.com</a> 02089453113
Future Choices	11am-1.30pm	0800 5668728
Chair based exercise 55+	2.15pm-3pm	<a href="mailto:Inchgarthcc1@btinternet.com">Inchgarthcc1@btinternet.com</a> 01224 325191
Peggy's Cafe	10.30am - 3pm	Full menu, indoor seating & take-away
	3pm - 9pm	Hot drinks, tray bakes, sweets, soft drinks
Drumming with Connor	2-7pm	<a href="mailto:theaveragedrummerstudio@gmail.com">theaveragedrummerstudio@gmail.com</a>
Sensory Drama Create Aberdeen	1-3pm	<a href="mailto:alex@createaberdeen.org">alex@createaberdeen.org</a>
Mandy's Art Class	1.45pm - 3.45pm	Call us for more info
Toddlers group 2 Free	1.30-2.50pm	Call 01224 325191 or email <a href="mailto:inchgarthcc1@btinternet.com">inchgarthcc1@btinternet.com</a>
Kids Zumba (P1-p7)	3.30pm - 4.30pm	Call us on 01224 325191 to book
ART club for children with ASN	4.30pm - 5.30pm	<a href="mailto:volunteerinchgarth@gmail.com">volunteerinchgarth@gmail.com</a> 01224 325191
Garthdee community council meetings. Open to public	7-9pm 2nd Tues of month	<a href="mailto:garthdeecc@gmail.com">garthdeecc@gmail.com</a>
Aberdeen FlyDressers Club	7-9pm	<a href="mailto:buchan.chesney@btinternet.com">buchan.chesney@btinternet.com</a>
Aberdeen Aikido Club for adults and youths 12+	6.30-8.30pm	<a href="mailto:admin@aberdeenaikido.co.uk">admin@aberdeenaikido.co.uk</a>
Free adult Arts & Crafts	7-9pm	<a href="mailto:volunteerinchgarth@gmail.com">volunteerinchgarth@gmail.com</a>
Cllr Ian Yuill Surgery 2nd Tuesday	6.15pm	Drop In
Songwriting workshop for adults	6.30pm-7.30pm	<a href="mailto:volunteerinchgarth@gmail.com">volunteerinchgarth@gmail.com</a>
Free Mediation group	7.30-9pm	<a href="mailto:volunteerinchgarth@gmail.com">volunteerinchgarth@gmail.com</a>

**WEDNESDAY**

<b>ACTIVITY</b>	<b>TIME</b>	<b>HOW TO BOOK</b>
Fitness Gym	9.30am-9.30pm	Call 01224325191 or email inchgarthcc3@yahoo.com
Music room for hire	10-1.30pm & 7-9pm	Call us on 01224 325191 inchgarthcc2@btinternet.com
Beginners computer class	11.30-12.30pm	call 01224 325191 to book
Outdoor Play Park	All Day	Drop In
Sew n Sews	9.30-12.30pm	
Pathways employment support	10am onwards	davidcook@pathways-online.org
Makaton sing and Sign with Create Aberdeen	10am-12pm	alex@createaberdeen.org
Indoor carpet bowls	9.30am - 11:30am	Call 01224 325191 to book
Chaters Fresh Fish Van	11.10am-11.30am	Drop In
Free French class for adults	11am-12 noon	volunteerinchgarth@gmail.com
CHATTY CAFÉ for childminders	1 <sup>st</sup> Wed of month 9.30am	loraine.duncan@childminding.org
Peggy's Cafe	10.30am - 3pm	Full menu, indoor seating & take-away
	3pm - 9pm	Hot drinks, tray bakes, sweets, soft drinks
A chance to Dance with Create Adults with ASN	1pm-3pm	Call 01224 325191 to enquire
Drumming with Connor	2-7pm	theaveragedrummerstudio@gmail.com
Art Class by Mandy Clubb	1.45pm - 3.45pm	Call us for more info
Pool and Snooker	1pm-5pm	Email inchgarthcc1@btinternet.com to join
Children's Athletics with Aberdeen Amateur Athletic Club	3.30pm - 4.30pm	pathways@aberdeenaac.co.uk
Free French class for children 11+	4pm-4.45pm	volunteerinchgarth@gmail.com
<b>Danspirations Kids Ballet p4-s1</b>	4.15pm	Clairespence87@hotmail.co.uk
<b>Danspirations Tap class P4-S1</b>	5pm	Clairespence87@hotmail.co.uk
<b>Danspirations Modern Jazz P4-S1</b>	5.45pm	Clairespence87@hotmail.co.uk
<b>Danspirations Adult Tap</b>	6.30pm	Clairespence87@hotmail.co.uk
<b>Danspirations Fitsteps Adults</b>	7.30pm	Clairespence87@hotmail.co.uk
<b>Violin lessons 1-1</b>	5-7pm	volunteerinchgarth@gmail.com
<b>YOGA</b>	5.30-6.30pm	wiselittleyogi@gmail.com
Friskis and Svettis	6pm - 7pm	<a href="mailto:aberdeen@friskissvettis.co.uk">aberdeen@friskissvettis.co.uk</a>
Art class for adults	6-8pm	01224 325191
Silver City ring-craft dog group	7pm - 9pm	01224 694631 or scotspaul@aol.com
Granite City Brass Band	7.30pm - 10pm	07792 732684
Scottish Women's institute	7-9pm	granitecityswi@gmail.com
CLLR Derek Davidson Surgery	6-7pm	Drop in
Tapping with Wendy	7pm	naturalhealingaberdeen@gmail.com

**THURSDAY**

ACTIVITY	TIME	HOW TO BOOK
Fitness Gym	9.30am-9.30pm	Call 01224325191 or email
Pool & Snooker	10am -9pm	Email <a href="mailto:inchgarthcc1@btinternet.com">inchgarthcc1@btinternet.com</a> to join
Music room for hire	10-1.30pm & 7-9pm	Call us on 01224 325191
Outdoor Play Park	All Day	Drop In
Toddlers Group	9.30am - 10.50am	<a href="mailto:inchgarthcc1@btinternet.com">inchgarthcc1@btinternet.com</a>
BINGO	11am - 12noon	<a href="mailto:inchgarthcc1@btinternet.com">inchgarthcc1@btinternet.com</a>
Musical Mayhem by CREATE ABERDEEN	10am - 3pm	<a href="mailto:alex@createaberdeen.org">alex@createaberdeen.org</a>
Gentle Chair-based Exercise	10am - 10.45am	<a href="mailto:inchgarthcc1@btinternet.com">inchgarthcc1@btinternet.com</a>
Guitar classes. For adults with additional support needs	11.30am-12.30pm	<a href="mailto:alex@createaberdeen.org">alex@createaberdeen.org</a>
PHOENIX CLUB 2 For adults with ASN	1pm -3pm	<a href="mailto:Inchgarthcc1@btinternet.com">Inchgarthcc1@btinternet.com</a>
<b>NEW MENS SOCIAL CLUB</b>	1-3PM	01224 325191 <a href="mailto:inchgarthcc1@btinternet.com">inchgarthcc1@btinternet.com</a>
Inclusive Zumba class.	12.15pm-1pm	<a href="mailto:inchgarthcc1@btinternet.com">inchgarthcc1@btinternet.com</a>
Peggy's Cafe	10am – 9pm	<b>Hot meals 10.15am -2.45pm, coffee to 9pm</b>
Free Drumming lessons for kids (age 7 and above)	4pm - 7pm	call us to book 01224 325191 <a href="mailto:volunteerinchgarth@gmail.com">volunteerinchgarth@gmail.com</a>
FREE Bass guitar lessons 10+	3pm-5.30pm	Email <a href="mailto:volunteerinchgarth@gmail.com">volunteerinchgarth@gmail.com</a> or call 01224 325191
Free Guitar class for children (age 7 and above)	7pm -7.45pm	call us to book 01224 325191 <a href="mailto:volunteerinchgarth@gmail.com">volunteerinchgarth@gmail.com</a>
Kids guitar group lessons 7+	6.15-7pm	<a href="mailto:inchgarthcc1@btinternet.com">inchgarthcc1@btinternet.com</a>
Kids cheerleading and pompom	5-6pm	<a href="mailto:emmawebster21@hotmail.co.uk">emmawebster21@hotmail.co.uk</a> 07511810504
B-Fit Aberdeen	6.30-7.30pm	<a href="mailto:bfitaberdeen@gmail.com">bfitaberdeen@gmail.com</a>
Kenshinkan Shotokan Karate-do Scotland	7-8.30pm	<a href="mailto:kenshinkan83@gmail.com">kenshinkan83@gmail.com</a>
Free drawing class for adults	6-8pm	<a href="mailto:volunteerinchgarth@gmail.com">volunteerinchgarth@gmail.com</a>
Dezibel Samba drumming	7.30pm - 9.30pm	Call Bev on 07759 507780
Bipolar Aberdeen last of month	7-9pm	<a href="mailto:info@bipolaraberdeen.org.uk">info@bipolaraberdeen.org.uk</a>
Guitar lessons for adults	7.45-8.30pm	<a href="mailto:inchgarthcc1@btinternet.com">inchgarthcc1@btinternet.com</a>
Rhythm Nation dance ACRO Rhythm Nation dance 4-7 yrs Rhythm Nation dance 8- teens Rhythm Nation dance teens	4-6pm 6.15-6.55 7-7.55pm 8pm-9pm	ACRO 4-7 years Ages 8 -teens Teens class Book at <a href="mailto:info@rhythmnationdance.co.uk">info@rhythmnationdance.co.uk</a>

**FRIDAY**

<b>ACTIVITY</b>	<b>TIME</b>	<b>HOW TO BOOK</b>
Pool & Snooker	10am-3pm 7-9pm	inchgarthcc1@btinternet.com
Indoor carpet bowls	10am-12pm	inchgarthcc1@btinternet.com
Free Keyboard classes for adults	11am-1pm (30 min lessons)	volunteerinchgarth@gmail.com
Easy Moves & Grooves by Create Aberdeen	10am-12pm	alex@createaberdeen.org
Fitness Gym	10am-9pm	Call 01224325191
Music room for hire	10-1.30pm & 7-9pm	Call us on 01224 325191 inchgarthcc2@btinternet.com
Outdoor Play Park	All Day	Drop In
Tapping with Wendy	1.15pm	naturalhealingaberdeen@gmail.com
Brain Injury Grampian	12-3pm	info.biggroup@gmail.com
Peggy's Cafe	10.30am – 3pm	Full menu, indoor seating & take-away
Peggy's Cafe	3pm – 9pm	Hot drinks, tray bakes, sweets, soft drinks
Create Rock Band	1-3pm	alex@createaberdeen.org
Create Feelgood Friday's	1pm -3pm	alex@createaberdeen.org
Saxophone lessons 10+ to adults	4-6pm	volunteerinchgarth@gmail.com
Kids inflatable club for p1-p7	4pm-5pm	email to enquire inchgarthcc1@btinternet.com
Ballroom dancing classes BEGINNERS PLUS	6.30-7.35pm	ballroombarney@gmail.com Tel: 07342789965
Knitting group YARN & DANGEROUS	6-8pm	<a href="mailto:volunteerinchgarth@gmail.com">volunteerinchgarth@gmail.com</a>
Ballroom dancing NEW BEGINNERS	7.25pm-8.30pm	ballroombarney@gmail.com Tel: 07342789965
Men in mind. Mens social group Free entry Pool, snooker, darts	6.30pm-9pm	meninmindaberdeen@gmail.com
Aberdeen Aikido Club for adults and youths 12+	6.30-8.30pm	<a href="mailto:admin@aberdeenaikido.co.uk">admin@aberdeenaikido.co.uk</a>
Drumming lessons with Connor	3.30pm-8pm	theaveragedrummerstudio@gmail.com

**DO YOU HAVE A SKILL, TIME, HOBBY YOU'D LOVE TO SHARE?  
THEN WE'D LOVE TO HEAR FROM YOU**

**CONTACT OUR VOLUNTEER COORDINATOR JULES AT [VOLUNTEERINCHGARTH@GMAIL.COM](mailto:VOLUNTEERINCHGARTH@GMAIL.COM)**

**SATURDAY**

<b>ACTIVITY</b>	<b>TIME</b>	<b>HOW TO BOOK</b>
Danspirations Ballet pre-school	9.30am	<a href="mailto:Clairepence87@hotmail.co.uk">Clairepence87@hotmail.co.uk</a>
Danspirations Tap pre-school	10am	
Danspirations Ballet p1-p3	10.30am	
Danspirations Tap P1-p3	11.15am	
Danspirations Modern Jazz P1-p3	12pm	
Danspirations private lessons	1.30pm onwards	
<b>Kids Birthday party hire</b>	<b>11.30-1.30pm</b>	<b>Call us on 01224 325191</b>
Children's Piano Lessons with Jess	9am-11am	jesshaypiano@gmail.com
Yoga with Manisha	11.30am-12.30pm	Cal 07412676779 mgaikwad.7371@gmail.com
Fitness Gym	9am-4pm	Call 01224325191 or email inchgarthcc3@yahoo.com
Drumming with Connor	12.30-4pm	theaveragedrummerstudio@gmail.com
Guitar lessons ages 10+	11am-12	volunteerinchgarth@gmail.com
Music room for hire	9am-11, 2.30-4pm	Call us on 01224 325191 inchgarthcc2@btinternet.com
Outdoor Play Park	All Day	Drop In
Capoeira For youths and adults	10.30am-11.30am	Call 07563 002500
Pool & Snooker	9am-11.30pm 12.30-5pm	inchgarthcc1@btinternet.com
Peggy's Cafe	9am – 2pm	Coffee, cake, ice creams, sweets, soft drinks. No meals.
Lego Brick club with Emma Ages 6-10	1-2pm	brickclubwithemma@outlook.com
Aberdeen bible believers	1 pm-5pm	Drop in
<b>Kids Birthday party hire</b>	<b>2.30pm-4.30pm</b>	<b>Call us on 01224 325191</b>



## SUNDAY

ACTIVITY	TIME	HOW TO BOOK
Pool & Snooker	10am-9pm	inchgarthcc1@btinternet.com
Fashion art media academy	10-11am	7565552706
Lego Brick club with Emma Ages 6-10	10-11am	brickclubwithemma@outlook.com
Children's Piano Lessons with Jess	10am-5pm	jesshaypiano@gmail.com
<b>Children's Birthday parties.</b>	10.30-12.30pm	CALL US ON 01224 325191
<b>Children's Birthday parties.</b>	1.30-3.30pm	CALL US ON 01224 325191
Fitness Gym	10am-9.30pm	Call 01224325191
<b>Children's Birthday parties Small hall smaller package</b>	3.30pm-5.30pm	Call 01224 325191
Music room for hire	10am-10pm	Call us on 01224 325191
Peggy's cafe	10.30am-9pm	Coffee, cake, ice creams, sweets, soft drinks. No meals.
Outdoor Play Park	All Day	Drop In
<b>CHILDREN'S BIRTHDAY PARTIES</b>	4.30PM-6.30PM	CALL US ON 01224 325191
The Reconciliation Ministry of Christ Church (RMCC)	5pm-7pm	
Granite City community brass band	6pm-7.30pm	07792 732684
Granite City Brass Band	7.30PM – 10PM	07792 732684
Salsa Advanced beginners	6.30-7.25pm	07367415051 123.567salsazone@gmail.com
Salsa extension class	7.30-8pm	07367415051 123.567salsazone@gmail.com



Call 01224 325191

The capacity will be 50 people

OPTION 1. Hall and Bluetooth speaker only £60.00

OPTION 2  
Hall, soft play, giant connect 4, giant lego, giant jenga, giant kerplunk, Giant snakes & ladders, and bluetooth speak £120.00

Party times

Sunday 3.30pm-5.30pm. Access 3.10pm. Clear by 5.45pm

**KIDS BIRTHDAY PARTIES SMALL PACKAGE**

SCAN THE CODE TO VIEW OUR MASSIVE PROGRAMME OF 150 SESSIONS OF ACTIVITY & OUR AMAZING FACILITIES



BIRTHDAY PARTIES

WWW.INCHGARTH.ORG

Saturday: 11.30am-1.30pm  
Saturday: 2.30pm-4.30pm  
Sunday: 10.30am-12.30pm  
Sunday: 1.30pm-3.30pm  
Sunday: 4.30pm-6.30pm

**CALL NOW**  
01224 325191

FULL PACKAGE £245 (SAVING £35.00)

**HALL ONLY**  
£100.00

**HALL & CASTLE**  
£140.00

**BUBBLE & DIDI CARS**  
+£35.00

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**LIFE SIZED GAMES**  
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Big Jenga  
Big connect 4  
Giant Cornhole game